**Client Agreement for RF Coaching**

This Client Agreement ("Agreement") is entered into between RF Coaching (referred to in this Agreement as "Coach") and the client (referred to in this Agreement as "Client").

1. Coaching Services:

   a. The Coach agrees to provide life coaching services to the Client. These services may include but are not limited to goal-setting, action planning, accountability, and guidance to help the Client achieve their desired outcomes.

   b. The Coach is committed to providing a supportive and non-judgmental environment throughout the coaching process.

   c. The Client acknowledges that coaching is not therapy, counseling, or legal advice, and that the Coach does not have expertise in these areas.

2. Confidentiality:

   a. The Coach acknowledges the importance of maintaining strict confidentiality. Any information shared by the Client during coaching sessions will be kept confidential, except in situations where the Coach is compelled by law or safety concerns.

   b. The Client agrees to respect the confidentiality of other clients, or any information shared by the Coach during coaching sessions.

3. Client Responsibility:

   a. The Client acknowledges that they are responsible for their own decisions, actions, and outcomes during and after the coaching relationship.

   b. The Client is accountable for the commitment to coaching sessions, completion of agreed-upon tasks, and personal development actions.

   c. The Client agrees to communicate openly and honestly with the Coach, providing accurate and complete information necessary for effective coaching.

4. Duration and Schedule:

   a. The duration of the coaching relationship may vary depending on the Client's specific goals and needs, mutually agreed upon between the Coach and Client.

   b. The Coach and Client will establish a coaching schedule, including the frequency and duration of sessions, based on their availability and agreed-upon terms.

5. Fees and Payment:

   a. The Client agrees to pay the agreed-upon fee for coaching services as outlined in the separate payment agreement.

   b. Payment shall be made by the Client in a timely manner as specified in the payment agreement.

6. Termination:

   a. Either party may terminate this agreement at any time, with or without cause, by providing written notice to the other party.

   b. In the event of termination, any remaining coaching sessions or outstanding fees will be handled according to the terms agreed upon in the payment agreement.

7. Governing Law:

   This Agreement shall be governed by and construed in accordance with the laws of [Insert Your Jurisdiction].

By signing below, the parties acknowledge that they have read and understood the terms and conditions of this Client Agreement and agree to be bound by its terms.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client’s Name (Printed)                                    Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Client’s Signature                                                  Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach's Name (Printed)                                       Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_      \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Coach's Signature                                                 Date

**RF Coaching Intake Form:**

Please take the time to fill out this form before our first official session together.

Client Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Preferred Method of Contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1. Personal Information:

   Age: \_\_\_\_\_\_\_\_\_\_

   Gender: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

   Occupation: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

   Marital Status: \_\_\_\_\_\_\_\_\_\_\_\_\_\_

2. What motivated you to seek coaching? (Please provide a brief explanation):

3. What goals or areas of your life are you looking to improve through coaching? (Please list specific areas, such as career, relationships, health, etc.):

4. Have you worked with a life coach before? If yes, please provide some details:

5. Are you currently seeing a therapist or counselor? If yes, please provide some details:

6. On a scale of 1-10, how committed are you to making the necessary changes to achieve your goals? (1 = Not committed, 10 = Fully committed):

7. How do you typically handle obstacles or challenges that arise in your life?

8. Do you have any specific expectations from the coaching process?

9. Is there anything else (concerns, limitations, specific requests) you would like to share before we begin the coaching journey?

10. How did you hear about RF Coaching?

Please note that all information provided will be kept strictly confidential and will only be used for the purpose of providing coaching services.

Client’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Thank you for taking the time to complete the RF Coaching Intake Form. I look forward to accompanying you on your journey towards personal growth and development.